Using fMRI to Study Reward Processing in Humans: Past, Present, and Future

Kainan S. Wang¹, David V. Smith², Mauricio R. Delgado^{1,2*}

¹ Behavioral and Neural Sciences Graduate Program, Rutgers University, Newark, NJ 07102, USA ² Department of Psychology, Rutgers University, Newark, NJ 07102, USA

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*Address for correspondence: Mauricio R. Delgado, Ph.D. Department of Psychology 101 Warren Street, Room 340 Smith Hall Rutgers University Newark, NJ 07102 <u>delgado@psychology.rutgers.edu</u>

1 Abstract

2 Functional magnetic resonance imaging (fMRI) is a noninvasive tool used to probe 3 cognitive and affective processes. Although fMRI provides indirect measures of neural 4 activity, the advent of fMRI has allowed for a) the corroboration of significant animal 5 findings in the human brain and b) the expansion of models to include more common 6 human attributes that inform behavior. In this review, we briefly consider the neural basis 7 of the blood oxygenation level dependent (BOLD) signal to set up a discussion of how fMRI 8 studies have applied it in examining cognitive models in humans, and the promise of using 9 fMRI to advance such models. Specifically, we illustrate the contribution that fMRI has 10 made to the study of reward processing, focusing on the role of the striatum in encoding 11 reward-related learning signals that drive anticipatory and consummatory behaviors. For 12 instance, we discuss how fMRI can be used to link neural signals (e.g., striatal responses to 13 rewards) to individual differences in behavior and traits. While this functional segregation 14 approach has been constructive to our understanding of reward-related functions, many 15 fMRI studies have also benefitted from a functional integration approach that takes into 16 account how interconnected regions (e.g., corticostriatal circuits) contribute to reward 17 processing. We contend that future work using fMRI will profit from using a multimodal approach, such as combining fMRI with noninvasive brain stimulation tools (e.g., 18 19 transcranial electrical stimulation) that can identify causal mechanisms underlying reward 20 processing. Consequently, advancements in implementing fMRI will promise new 21 translational opportunities to inform our understanding of psychopathologies.

22 Introduction

23 Functional magnetic resonance imaging (fMRI) is an excellent tool to probe neural 24 function. Even though it indirectly measures neural activity by tracking correlative 25 hemodynamic changes, it has the capability to map task-dependent whole-brain activation. 26 This feature, along with its noninvasive nature, makes fMRI a tremendous asset to the 27 study of cognitive and affective processes in both healthy and patient human populations. 28 Indeed, the application of fMRI to study the human brain has allowed for a) confirmation of 29 core findings from non-human animal studies that have shaped models of cognitive and 30 affective processing; and b) extension of those findings and new directions for such models 31 by probing characteristics more accessible in humans. One noteworthy example is the 32 study of reward processing, which has been informed by a rich non-human animal 33 literature employing an array of techniques, from selective lesions to electrophysiological 34 recordings, to delineate a neural reward circuit (e.g., Berridge and Robinson 2003; Robbins 35 and Everitt 1996; Schultz 2006). An explosion of fMRI studies over the last decade or so 36 (Fig. 1) has substantiated this reward circuit in the human brain, with emphasis on higher-37 level functions that are more commonly observed in humans. Many of these fMRI studies 38 have also examined deficits in the reward circuit in patient populations. As a result, the use 39 of fMRI to study reward processing has greatly expanded our understanding of its neural 40 basis in humans.

41 Despite the many advantages that fMRI has afforded the study of reward processing, 42 there are some inherent challenges that discount the full promise of fMRI. For instance, the 43 neurophysiological nature of the fMRI signal can cloud its potential neural interpretations. 44 While we address these limitations, our synthesis of the literature highlights the promise of 45 fMRI in advancing models of cognitive and affective processes. First, we describe the fMRI 46 blood oxygenation level dependent (BOLD) signal and consider potential pitfalls related to 47 its neural interpretations. Second, we illustrate the use of fMRI in both confirming key 48 findings and extending such findings to advance models of cognitive and affective 49 processing. We specifically anchor our discussion on the study of reward processing as an 50 exemplar topic because it has garnered considerable experimental efforts across 51 techniques and species. In the last section, we highlight the promise of fMRI in studying

- 52 reward processing and describe how it fits into the progressive multimodal and across-
- 53 technique approach to study such psychological phenomena.

54 A Neural Interpretation of the BOLD Signal in fMRI

Functional magnetic resonance imaging (fMRI) detects neural activation by 55 56 measuring changes in the blood oxygenation level dependent (BOLD) signal. The BOLD 57 signal is coupled to hemodynamic changes such as blood flow (Logothetis and Wandell 58 2004) and decreasing levels of deoxygenated hemoglobin (deoxyhemoglobin; Ogawa et al. 59 1992), whose paramagnetic nature allows BOLD to indirectly track the underlying neural activity. Taking into account the many comprehensive and informative reviews (Buxton et 60 al. 2004; Logothetis 2008; Logothetis and Wandell 2004) on the technical underpinnings of 61 62 fMRI and its BOLD signal, we provide below a succinct and generalized account of the 63 neural interpretation of the BOLD signal and how it is typically analyzed in fMRI experiments to infer neural functions. In doing so, we hope to provide readers of all 64 backgrounds with sufficient understanding of the fMRI findings we present throughout the 65 review and appreciation for the advantages of fMRI we subsequently discuss for the rest of 66 67 the paper.

68 The Cellular Underpinnings of the BOLD Signal

69 Throughout various fMRI studies, most experimental protocols observe BOLD 70 signals that correspond to localized increases in cerebral blood flow (CBF). These CBF 71 increases, coupled with smaller positive changes in the cerebral metabolic rate of oxygen 72 consumption, lead to the production of a hemodynamic response (Buxton and Frank 1997; Hoge et al. 1999; Raichle et al. 1976). Importantly, unlike the immediate nature of 73 neuronal spiking activity (Lauritzen and Gold 2003), the hemodynamic response has a 74 75 lagged response that begins approximately two seconds after neural stimulation and peaks 76 four to six seconds thereafter (Bandettini et al. 1992). Although the hemodynamic response 77 was initially interpreted to represent neuronal output (Rees et al. 2000), subsequent 78 studies soon reported robust BOLD signals in the absence of spiking activity (Rauch et al. 79 2008; Viswanathan and Freeman 2007), fueling the interpretation of BOLD signal as an

indicator of the underlying local field potential (LFP; Goense and Logothetis 2008;
Logothetis 2002; 2008; Magri et al. 2012; Nir et al. 2007). Because LFP underlines the
synaptic inputs and dendritic processing in a particular region (Berens et al. 2010), the
LFP-driven hemodynamic response is more strongly encoded by aggregate cellular activity
within a localized excitation-inhibition network rather than single cell activity (see review
by Logothetis and Panzeri 2015). Thus, the neurophysiological underpinnings of the BOLD
signal are thought to reflect local field potential during neural stimulation.

87 Some experimental protocols also detect negative BOLD responses (NBR) that are 88 postulated to reflect neuronal suppression (Wade 2002). Although there is no widely 89 accepted neurophysiological explanation of NBR, it is clear is that one cannot simply 90 assume that NBR is the neurophysiological inverse of a hemodynamic response (Mullinger 91 et al. 2014). The current neuronal explanation of NBR is divided into two camps of thought. 92 On one end of the debate. Shmuel and colleagues (2006) observed that NBR was tightly 93 coupled to local decreases in LFP, which led to the view that NBR is a representation of 94 neural deactivation (Hayden et al. 2009; Klingner et al. 2010; Mckiernan et al. 2003; Pasley 95 et al. 2007). On the opposite end lie those who, guided by Logothetis and his metabolic-96 increasing excitation-inhibition microcircuit viewpoint (Logothetis 2008), put forth the 97 argument that NBR encodes underlying neural activation (Kim et al. 2014; Schridde et al. 98 2008; Shulman et al. 2007). In essence, the interaction between CBF and blood volume 99 changes encodes the excitation-inhibition balance, giving rise to NBR (Huber et al. 2014). 100 Despite the irresolute nature of this debate, continued progress on understanding the 101 neural nature of NBR is important to provide more insights on the BOLD signal and to 102 further refine the role that different neural regions play in cognitive processes.

103 From BOLD Signals to Inferences on Brain Function

Neuroimaging studies tend to visualize the hemodynamic response (e.g., plot the
time-series of the data) but more commonly report parameter estimates summarizing the
fit of a statistical model to the BOLD data (e.g., Fig. 2). To obtain these parameter estimates,
the known stimulus functions based on preset experimental conditions are first convolved
with a canonical hemodynamic response function to establish the predicted BOLD
responses. Predicted BOLD responses are subsequently used to test, under the framework

110 of the general linear model (Friston et al. 1994; Worsley and Friston 1995), whether 111 activity in brain regions is related to any of the BOLD input functions (e.g., the raw data). 112 Most fMRI studies report statistical fit of the BOLD functions as a series of parameter 113 estimates, which can have both positive and negative deflections relative to pre-stimulus 114 activation (for details on fMRI analysis and issues such as multiple comparisons please see 115 Poldrack et al. 2011). It is important to distinguish these negative deflections from NBR 116 because negative parameter estimates reflect relative deviations from the implicit baseline 117 in the model rather than the measured BOLD signals. In addition, we note that statistical 118 inference in fMRI studies can suffer from many of the same problems that affect 119 neurophysiological studies, including circular analyses (Kriegeskorte et al. 2009) and 120 erroneous interactions (Nieuwenhuis et al. 2011). Nonetheless, these parameter estimates 121 derived from BOLD responses have served fMRI researchers well, as we will discuss in 122 detail throughout the rest of this review, in advancing the understanding of neural activity 123 during task-induced cognitive and affective processes.

124 Using fMRI to Study Reward Processing in the Striatum

125 Given its noninvasive nature and potential to visualize function in the whole brain, 126 fMRI became a powerful and practical tool to study cognitive and affective processes in 127 humans. Over the years, the use of fMRI proved to be an important asset in studying such 128 processes as it afforded a way to confirm basic findings characterized in non-human animal 129 studies, and extend such findings to appreciate various aspects of human life, from 130 distinctively human stimuli (e.g., money) to behaviors (e.g., cognitive emotion regulation) 131 that translated to better understanding of neuropsychiatric disorders (e.g., mood 132 disorders). One such phenomenon that benefitted from the proliferation of fMRI studies is 133 reward-related processing and its relation to decision making (Fig. 1). Rewards can be 134 broadly defined as stimuli that elicit approach behaviors, induce subjective feelings of 135 pleasure during consumption, and lead to reinforcement of cues and actions (Schultz 2006; 136 2015). The regulation of the psychological and behavioral responses to rewarding stimuli is 137 coordinated by a collection of cortical and subcortical structures that together make up the 138 brain's reward circuit (see review by Haber and Knutson 2010). At the core of such circuit

is the striatum (Fig. 3), a subcortical structure that is involved in reward-related learningand how it informs approach and consummatory behaviors.

141 Building on a large repertoire of studies using non-human animal models (Daw and 142 Doya 2006; Hikosaka et al. 1989; Robbins and Everitt 1996; Schultz et al. 1997), many fMRI 143 experimental efforts have focused on elucidating how the striatum—the input unit of the 144 basal ganglia and a structure with strong connections with cortical regions and midbrain 145 dopaminergic centers (Middleton and Strick 2000; Wang et al. 2015b)—contributes to 146 reward processing (Fig. 3; e.g., for review see Bartra et al. 2013; Clithero and Rangel 2014; 147 Delgado 2007; Haber and Knutson 2010; Smith and Delgado 2015). In the following 148 section, we will provide a brief discussion of research findings from both non-human 149 animals and humans focusing on the striatal role in reward-related processing, particularly 150 in approach and consummatory behavior, and how they are shaped by learning.

151 Approach Behaviors in Reward Processing

152 Approaching a potential reward is a typical behavior observed across species that is 153 elicited by the anticipation of the pleasure a reward may bring. In non-human animals, this 154 was initially characterized in studies where presentation of a conditioned stimulus that 155 predicted a reward elicited a conditioned approach response in pigeons (Brown and 156 Jenkins 1968; Williams and Williams 1969) and rats (Locurto et al. 1976; Peterson et al. 157 1972). This conditioned cue-induced approach behavior was found to depend on the 158 integrity of the striatum, such that lesion (Parkinson et al. 1999) or dopaminergic depletion 159 in the ventral parts of the striatum, particularly the NAcc (Parkinson et al. 2002), decreased 160 approach behavior to a conditioned stimulus paired with reward (Di Ciano et al. 2001; 161 Parkinson et al. 2000).

In non-human primates, a similar link between striatum neurophysiological signals and anticipatory responses to reward-related cues that can elicit approach behaviors have been observed. For instance, striatal neurons have been found to increase their firing rates during the anticipatory phase preceding reward delivery, highlighting a potential influence on reward-seeking approach behaviors (Ito and Doya 2015; Kawagoe et al. 1998; McGinty et al. 2013; Samejima et al. 2005). Interestingly, distinct subsections of the striatum can show different contributions to approach behaviors. Ventral striatal neurons, for example,

have been shown to increase their firing rates in response to cues predicting rewards
(Cromwell and Schultz 2003; Hassani et al. 2001; Hollerman et al. 1998; Schultz et al.
1992). In contrast, dorsal striatal neuronal responses have been linked with tracking the
values of available actions for reward attainment (Lau and Glimcher 2007; 2008; Tai et al.
2012).

174 In humans, initial fMRI studies served to replicate findings from non-human animals 175 identifying the striatum as a key region involved in responding to cues that predicted 176 potential rewards and could exert influences on approach behavior. For instance, initial 177 efforts showed that BOLD responses in the ventral striatum, which includes the nucleus 178 accumbens (NAcc; Fig. 3), were correlated with craving of potential drug rewards (Breiter 179 et al. 1997), relating to a motivational construct of 'wanting' which can lead to approach 180 behaviors such as reward seeking (Berridge and Robinson 1998). This was quickly 181 followed by reports of increased BOLD responses in the striatum to conditioned cues that 182 predict potential primary rewards including pleasant liquids (O'Doherty et al. 2002) or 183 odors (Gottfried et al. 2002), and secondary rewards such as money (Knutson et al. 2001). 184 As in non-human animals, distinct contributions of subsections of the striatum have also 185 been reported, with the dorsal striatum, encompassing the caudate nucleus and putamen 186 (Fig. 3), being more specifically recruited when participants performed an action (e.g., 187 pressing a button) in response to cues predicting reward (O'Doherty et al. 2004; Tricomi et 188 al. 2004). While dorsal striatum activity has been linked to the encoding of action values 189 used in action selection during reward-seeking behaviors (FitzGerald et al. 2012), ventral 190 striatum activity has been shown to correlate with participant's passive viewing responses 191 to conditioned stimuli (Chumbley et al. 2014). This observation is in line with the actor-192 critic model (Sutton and Barto 1998) suggesting that the dorsal striatum can serve a 193 potential function of an "actor" that facilitates action selection whereas the ventral 194 striatum can serve as a "critic" to guide future reward attainment (O'Doherty et al., 2004). 195 More recently, fMRI studies have extended these initial findings of striatal 196 involvement in eliciting reward-related approach behavior to demonstrate how they relate 197 to everyday human behaviors. Increased activation in the striatum to pictures of appetizing 198 food items, for example, has been found to correlate with increased reward-seeking 199 behavior (as assessed by greater weight gain months after initial data acquisition; Demos et

200 al. 2012). Similarly, increased activation in the striatum to positive, arousing images 201 (Knutson et al. 2008), and cues that predict monetary rewards (Kuhnen and Knutson 2005) 202 is associated with elevated risk-taking behaviors. The relation between striatal BOLD 203 activity and risk-taking behaviors is observed in different domains, such as drug-related 204 cues elevating craving responses (Sinha et al. 2007), which can have an influence in 205 maladaptive behaviors such as drug-seeking. Finally, this response in the striatum is also 206 dependent on state of an individual (e.g., stressed: Porcelli et al. 2012; or sleep deprived: 207 Venkatraman et al. 2011) or context in which a reward is perceived. For example, the 208 presence of a peer can change reward-related responses in the striatum (Chein et al. 2011; 209 Fareri et al. 2012), which can relate to increased risk-taking behaviors in some cases (e.g., 210 adolescence; Chein et al. 2011). These studies collectively highlight the use of fMRI in 211 understanding how the brain processes reward-related information and how it contributes to approach behaviors that complement and extend the knowledge gained from non-212 213 human animal studies.

214 Consummatory Behaviors in Reward Processing

215 A consummatory behavior occurs during the delivery or receipt of a reward. The 216 consumption of rewards, such as food and sex, induces a pleasurable sensation which can 217 be experimentally elicited in rats when neural regions such as the septal areas (Olds and 218 Milner 1954) and NAcc (Olds 1956) are stimulated. Comparable studies in non-human 219 primates (Porter et al. 1959) and humans (Bishop et al. 1963) have similarly shown that 220 electrical stimulations delivered to the NAcc generates a pleasurable sensation. The 221 hedonic aspects of reward are generally associated with opiate receptors in the NAcc 222 (Peciña and Berridge 2000), but more general affective processing that can inform the 223 reinforcement of actions is evident during reward consumption, being associated to 224 dopamine release into the NAcc (Nakahara et al. 1989) and the firing of striatal neurons 225 (Apicella et al. 1991; Hikosaka et al. 1989; Klein and Platt 2013; Schultz et al. 1993). In 226 rodents, an interesting distinction is further noted where lesions to ventral parts of the 227 striatum disrupt approach behaviors whereas lesions to the more dorsal parts disrupt 228 consummatory behaviors (Everitt and Robbins 2005).

229 In humans, reward consumption is typically probed during the outcome phase of a 230 given task, where, for example, a participant may receive the resolution of a decision (e.g., 231 monetary gain) or be presented with a stimulus that carries a positive value (e.g., liquids 232 when thirsty, pleasant pictures). Several fMRI studies have observed activation in the 233 striatum in response to a rewarding or positive outcome (Fig. 2). This extends to a variety 234 of stimuli, from the most basic such as food (e.g., chocolate; McCabe et al. 2010), money 235 (Fig. 3; Delgado et al. 2000), or just positive feedback (e.g., correct; Delgado et al. 2004; 236 Foerde and Shohamy 2011) related to goal achievement (Tricomi and Fiez 2008) to the 237 more abstract positive feelings elicited from observing a beautiful face (Smith et al. 2010). art (Lacev et al. 2011), receiving social feedback (Izuma et al. 2008), or even thinking about 238 239 the self, such as when one discloses information about oneself to another (Tamir and 240 Mitchell 2012), or recalls autobiographic positive memories (Speer et al. 2014). 241 Interestingly, individual differences in the striatal BOLD signals associated with the 242 consumption of such rewards have been shown to be very important in understanding 243 questions of human behavior and health that can be studied with fMRI. For instance, 244 striatal responses to evaluation of the self from others has been linked with pubertal status 245 and age (Jankowski et al. 2014), while simple responses to monetary gains and losses in the 246 striatum correlated positively with the sustainment of real-world positive emotions (Heller 247 et al. 2015) and negatively with early life stress such as emotional neglect (Hanson et al. 248 2015b). Taken together, these findings highlight the contribution of using fMRI to explore 249 reward-related processing in the human brain and links to behavior and health outcomes.

250 Reward-related learning

The observations of the striatum responding to stimuli that predict rewarding outcomes support a prominent role for striatal circuits in reward-based learning. Indeed, the striatum has been implicated in a variety of learning studies involving cues that predict reward (e.g., O'Doherty et al. 2004) to probabilistic reinforcement learning tasks where feedback that allows for correction of behavior is presented, both in fMRI studies (e.g., Dickerson et al. 2011) and in studies with Parkinson's Disease patients, who have compromised function in the basal ganglia (e.g., Shohamy et al. 2004). An influential theory of reward-based learning has been the prediction error hypothesis, which stems from theories of how errors can shape associative connections (Rescorla and Wagner 1972) and temporal-difference reinforcement learning models (Sutton and Barto 1981). Specifically, this hypothesis posits that the neural circuitry of reward has the ability to update the expectation of future rewards and subsequently allow for the adaptation of behavior (Schultz 2002).

264 A prediction error can be characterized as the calculation of whether a reward is 265 better or worse than expected (Glimcher 2011). A positive prediction error is generated 266 when an unexpected reward occurs, leading to an increase in phasic firing of dopaminergic 267 cells in the midbrain (Bayer and Glimcher 2005; Schultz et al. 1997). In contrast, a negative prediction error is recorded when an expected reward fails to occur. Although there is 268 269 some debate whether the tonic firing rate of dopamine neurons makes it difficult to encode 270 a negative prediction error (Bayer and Glimcher 2005), there is nonetheless depression of 271 dopaminergic firing during the omission of an expected reward (Schultz et al. 1997). Both 272 positive and negative prediction error signals are correlated to reward-evoked dopamine 273 release onto the ventral striatum (Hart et al. 2014). These dopamine neurons show 274 sensitivity to the temporal aspect of reward delivery, which correspond to a key feature of 275 the prediction error signal—a temporal learning element that allows for predictions about 276 future rewards to be formulated and updated (Hollerman and Schultz 1998; Kobayashi and 277 Schultz 2008: Roesch et al. 2007). Collectively, these findings and others point to dopamine 278 a key neural signal involved in signaling prediction errors.

279 In humans, a few fMRI studies have also reported dopaminergic midbrain activation 280 during the generation of reward prediction errors (D'Ardenne et al. 2008; D'Ardenne et al. 281 2013). However, most have found evidence of a reward prediction signal in the striatum 282 (for review see Garrison et al. 2013). Some of the first observations of this involved simple 283 comparisons of unexpected juice delivery (positive prediction error) and omission 284 (negative prediction error), which evoked activation in dorsal (McClure et al. 2003; 285 O'Doherty et al. 2004) and ventral (Berns et al. 2001; Gläscher et al. 2010; O'Doherty et al. 286 2003) striatum. These were soon followed by other studies demonstrating how such 287 learning signals in the striatum could correlate with efficacious learning and performance 288 (e.g., Schönberg et al. 2007).

289 In parallel with the reward prediction error hypothesis, reward-based 290 reinforcement learning has also been demonstrated to involve two dissociable but related 291 processes: one that encodes response-outcome associations to govern goal-directed 292 behaviors, and the other that characterizes stimulus-response association to drive habitual 293 behaviors (Balleine and O'Doherty 2010). Concurrent with studies in rodents, these two 294 processes have been shown to also involve the human striatum (for review see Dolan and 295 Dayan 2013). To further illustrate how the striatum encodes habitual and goal-directed 296 action selection, investigators have utilized computational models to capture the 297 performance of these behaviors. For instance, a model-free approach is contingent upon 298 the interaction between the learner and the reward stimulus to update the reward cue 299 values through trial and error while reinforcing successful actions in a habitual manner 300 (Balleine et al. 2008; Rangel et al. 2008). This approach supports neurophysiological data 301 from dopamine (Bayer and Glimcher 2005; Schultz et al. 1997) and striatal neurons 302 (Oyama et al. 2010; Stalnaker et al. 2012) and BOLD signal from the striatum (Garrison et 303 al. 2013), hence drawing a parallel with the prediction error hypothesis. On the contrary, a 304 model-based learning scheme encompasses a more flexible way of incorporating striatal 305 prediction error signals into the calculation of value to inform goal-directed decision 306 making (Davan and Berridge 2014). This approach takes into account additional 307 information about the expected reward, such as sensory attributes or associated costs (Doll 308 et al. 2012), to allow the learner to form a "state-dependent" prediction error that 309 encompasses the surrounding environment in order to drive goal-directed reward-310 maximizing actions (Gläscher et al. 2010). This state prediction error is dependent on not 311 only the striatum, but also significant contributions from several cortical areas such as 312 lateral prefrontal cortex (Gläscher et al. 2010).

For both model-free and model-based approaches, the striatum might very well be the site where these two approaches are integrated to facilitate reward-based learning (Daw et al. 2011; Wunderlich et al. 2012), yet the underlying mechanism of how the striatum(and its distinct subsections) encodes reward prediction error has not been fully resolved (e.g., see study by Stenner et al. 2015). A recent multimodal study employing both PET and fMRI reported that dopamine level in the ventral striatum is responsible for regulating the balance between model-free and model-based control on reward-related behavior (Deserno et al. 2015), further suggesting that the importance of dopaminergicmodulation on the striatum cannot be discounted in either learning mechanism.

In short, these fMRI-based learning models demonstrate that the neural mechanism underpinning reward processing relies on diverse brain regions that interact with the striatum. Further progress in understanding how this reward-processing neural circuit encodes reward-related functions in humans will be contingent upon capitalizing on the many advantages that fMRI supplies, which will be scrutinized in subsequent sections.

327 The Promise of fMRI in Advancing Models of Reward Processing

As previously discussed, fMRI is a noninvasive way to study the human brain that provides us with correlative measurements of neural activity to allow for inferences in various affective and cognitive processes. We have focused thus far on how fMRI has confirmed prior findings from non-human studies and extended the knowledge to behaviors typically observed in humans. In this section, we now discuss advantages of a neuroimaging approach that have the potential to significantly advance models of reward processing.

335 Individual Differences

Due to its relative ease in application, fMRI studies have the potential to utilize relative large samples of subjects. Researchers can exploit these large samples by relating variation in brain structure and function to variation in behavior across individuals (Braver et al. 2010; Yarkoni and Braver 2010). While this approach can be problematic in underpowered studies (Yarkoni 2009), it provides a unique opportunity to identify candidate mechanisms that contribute to a range of psychological constructs (Braver et al. 2010; Hariri 2009).

Inter-individual variability is often discussed in terms of structural and behavioral
differences. Structural differences, which can be commonly detected using methods such as
voxel-based morphometry from anatomical MRI images (Ashburner and Friston 2000;
Good et al. 2002) and fractional anisotropy from diffusion tensor imaging (Jbabdi et al.
2015; Johansen-Berg and Behrens 2013), have been observed within both control

population and pathological subgroups (Barrós-Loscertales et al. 2011; Pantelis et al. 2005;
Thompson et al. 2001; Wright et al. 2014). These anatomical differences in grey matter
volume and white matter integrity have been linked to inter-individual behavioral
differences (Kanai and Rees 2011), which includes measures such as reaction time (Jensen
1992), variable trait sensitivity to reward (Van den Berg et al. 2015) and working memory
(Just and Carpenter 1992).

354 The link between neural anatomy and behavioral manifestation can be bridged by 355 the functional inter-individual variability, which stems from differences in neural 356 responses recorded by fMRI. For example, fMRI studies looking at anhedonia, defined as 357 the impaired capacity to experience pleasure (Treadway and Zald 2013), have found that 358 increasing trait anhedonia not only correlated with reduced NAcc and caudate volume but 359 also with decreasing NAcc response to rewarding outcomes (Harvey et al. 2007; Wacker et 360 al. 2009). In the same vein, fMRI studies investigating trait measures such as sensitivity to 361 reward (Davis et al. 2004; Franken and Muris 2005) and behavioral indexes such as 362 learning aptitude have been reported to correlate with striatal activation in response to 363 reward anticipation (Beaver et al. 2006; Carter et al. 2009) and reward outcomes 364 (Rieckmann et al. 2010; Schönberg et al. 2007). In addition, responses in striatum are 365 predictive of individual differences in relative motivation to obtain different rewards 366 (Clithero et al. 2011) and differences in strategic preferences (Venkatraman et al. 2009). 367 These findings have been extended to patient populations where trait impulsivity 368 (Chamorro et al. 2012: Cloninger et al. 1994) correlated with hyporesponsiveness in the 369 ventral striatum during reward anticipation in both individuals with attention-370 deficit/hyperactivity disorder (Plichta and Scheres 2014) and detoxified alcoholics (Beck et 371 al. 2009). Taken together, these findings suggest that inter-individual behavioral variability 372 to rewards is intricately tied to variations in striatum neural function.

These fMRI observations provided new translational opportunities to extend these findings to patient populations to predict susceptibility to psychopathologies. Linking behavioral differences with neural functional differences has major implications on the diagnosis of many psychopathologies and their individualized treatments. One example is a study by Telzer and colleagues (2014) where ventral striatal activation in adolescents exhibiting greater prosocial behaviors (e.g., donate money to family members) predicted 379 longitudinal declines in depressive symptoms. In contrast, ventral striatal activation in 380 adolescents who engaged in more selfish and risky reward-seeking behaviors predicted 381 longitudinal increases in depressive symptoms (Telzer et al. 2014). Yet another example of 382 how behavioral differences is associated with neural functional differences in 383 psychopathologies is shown by Hanson and colleagues (2015a) who demonstrated that 384 early life stress during childhood and adolescence, which leads to increased anxiety and 385 depression (Norman et al. 2012), predicted diminished reward-related ventral striatal 386 activity in adulthood. Collectively, these studies highlight how fMRI can be used to 387 understand variation across individuals, which can be precursors of psychopathological 388 conditions.

389 Brain Connectivity and Functional Integration

390 Much of the work that was discussed in the preceding sections is predicated on the 391 principle of functional segregation, which relates functions (e.g., reward-related) to 392 populations of neurons or single brain regions (e.g., striatum; Friston 2005; Raichle 2003). 393 Yet, given the diverse anatomical inputs to each brain region, there can be multiple 394 functions associated with such regions, making it difficult to understand how specific brain 395 regions contribute to behavior and individual differences (Friston 2005; Park and Friston 396 2013). Addressing this issue rests with our ability to quantify the interactions and 397 connectivity between brain regions, a principle known as functional integration (Friston 398 2009). Characterizing functional integration thus requires simultaneous measurements of 399 responses from multiple brain regions—a core feature of neuroimaging studies. Indeed, 400 one of the earliest neuroimaging studies reported functional connectivity (e.g., statistical 401 dependencies or correlations) between homologous cortical areas (Biswal et al. 1995). 402 More recent studies employing functional connectivity have provided remarkable insights 403 into the large-scale network architecture of the brain (Beckmann et al. 2005; Smith et al. 404 2009). These networks span multiple regions and are recapitulated across species. For 405 example, the default-mode network—which includes medial portions of the prefrontal 406 cortex, posterior cingulate cortex, and lateral parts parietal cortex (Raichle et al. 2001)— 407 has been reported in rodents (Lu et al. 2012) and monkeys (Vincent et al. 2007). The 408 ubiquity of large-scale networks has sparked several studies examining their functional

significance and impact on behavior. These studies have demonstrated that functional
connectivity with networks is associated with phenotypic variation (Ingalhalikar et al.
2014; Smith et al. 2014b) and behavioral variation (Cole et al. 2010; Smith et al. 2015)
across individuals. In addition, functional connectivity with networks is tied to
psychopathology, particularly depression (Berman et al. 2011) and schizophrenia (Manoliu
et al. 2014). These studies highlight how neuroimaging can leverage functional connectivity
to gain insight into the organization and functional significance of neural networks.

416 Beyond examining large-scale neural networks, functional connectivity has also 417 been applied to the striatum in an effort to characterize connections with the reward 418 circuit. For example, a landmark neuroimaging study with data from 1000 participants 419 utilized functional connectivity to reveal five striatal zones linked to sensorimotor, 420 premotor, limbic, and two association networks (Choi et al. 2012)—thus providing an *in* 421 vivo characterization of careful tract-tracing studies performed in monkeys (Haber 2003). 422 Recent neuroimaging work has added to these observations by quantifying how distinct 423 cortical regions (e.g., orbitofrontal, dorsolateral, and parietal cortices) converge on similar 424 parts of the striatum (Jarbo and Verstynen 2015), supporting the hub-like organization of 425 striatal anatomical projections (Averbeck et al. 2014). Although corticostriatal interactions 426 are important for reward processing, the striatum also interacts with midbrain nuclei, 427 namely the substantia nigra and ventral tegmental area (Haber and Knutson 2010). In 428 accordance, a recent neuroimaging study developed a probabilistic atlas of the substantia 429 nigra and ventral tegmental area, allowing the authors to identify distinct patterns of 430 functional connectivity with the striatum and cortical regions (Murty et al. 2014). The 431 functional connections with the striatum have been exploited in a host of other studies, 432 with several groups reporting disrupted corticostriatal interactions in social anxiety 433 disorder (Manning et al. 2015), adolescent depression and anhedonia (Gabbay et al. 2013), 434 and major depression and positive affect (Heller et al. 2013). Together, these observations 435 reveal the interconnected nature of the striatum and underscore the importance of 436 examining functional connectivity with the striatum.

437 Yet, neurophysiologists have long recognized that functional connectivity suffers
438 from critical limitations that preclude insight into neuronal coupling (Gerstein and Perkel
439 1969). Correlations between regions and variations in those correlations may be

440 epiphenomenal, stemming from factors that are unrelated to neuronal coupling such as 441 changes in another connection, observational noise, or neuronal fluctuations (Friston 442 2011). To ameliorate these issues, neuroscientists have developed computational 443 approaches that estimate effective connectivity (Friston 2011; Friston et al. 1997; Valdes-444 Sosa et al. 2011), which has revealed key insights into how interactions with the striatum 445 shape reward processing. Unlike functional connectivity, studies using effective 446 connectivity quantify how one region contributes to the observed signal within another 447 region according to a specific psychological context. These studies have broadened our 448 understanding of how the striatum and its interconnected regions shape reward 449 processing. For example, Kahnt and colleagues (2009) reported that, when participants 450 computed reward prediction errors, dorsal striatum and ventral striatum were connected 451 to the substantia nigra and ventral tegmental area, respectively. Strikingly, the contribution 452 of dorsal striatum to the observed signal within substantia nigra predicted the impact of 453 different reinforcement types on subsequent behavior (Kahnt et al. 2009).

454 Other work using effective connectivity has revealed the interplay between different 455 neural structures and striatal systems during reward processing. For instance, some 456 studies have demonstrated that stimulus generalization during learning is mediated by 457 striatal contributions to the hippocampal response (Kahnt et al. 2012; Wimmer et al. 2012). 458 Studies using effective connectivity have also shown that hippocampal contributions to 459 striatal responses play a role in value-based decision making (Wimmer and Shohamy 460 2012) and episodic memory encoding (Wimmer et al. 2014). Recent work has built on 461 these observations by revealing how acute stress exacerbates ventromedial prefrontal 462 contributions to the striatum (Maier et al. 2015) and striatal contributions to the amygdala 463 (Admon et al. 2015). Although these studies highlight key patterns of effective connectivity 464 with the striatum, we emphasize that these relationships should not be interpreted as 465 causal; such inferences are difficult within fMRI (Ramsey et al. 2010) and likely require 466 causal modeling approaches (Friston et al. 2003) combined with faster imaging protocols 467 (Feinberg et al. 2010).

These studies underscore the importance of using fMRI to investigate brain
connectivity and functional integration—concepts that are central to our understanding of
how the striatum contributes to reward processing. We believe that future work has the

471 potential to integrate effective and functional connectivity with structural connectivity. 472 Indeed, structural connectivity with the striatum predicts personality characteristics 473 (Cohen et al. 2009), such as recent observations of dissociable fiber tracts leading to the 474 striatum being associated with individual differences in temporal discounting (van den Bos 475 et al. 2014). These findings raise important new questions regarding the convergence and 476 divergence of various forms of brain connectivity (Adachi et al. 2012; Honey et al. 2010). 477 Answering these questions will further elucidate the role of the striatum as part of a larger 478 and dynamic reward circuit.

479 Multimodal Approach Using fMRI

480 When used in isolation, fMRI—like all measurement techniques (e.g., single-unit 481 recordings)—are inherently correlational and descriptive (Rorden and Karnath 2004; 482 Smith and Clithero 2009). This limitation can be partially overcome with the application of 483 multimodal approaches—combining cellular-based techniques (e.g., neurophysiological 484 recordings) and neurotransmitter-based techniques (e.g., PET) with fMRI—to inform on 485 the neural basis of fMRI-measured brain activity. The integration across modalities is 486 gaining traction in the study of reward processing in particular. For example, researchers 487 have been relating fMRI findings to PET results in both meta-analysis and empirical studies 488 to investigate how striatal BOLD signal is associated with dopamine release during reward-489 related behavior (Heinz et al. 2014; Judenhofer et al. 2008; Schott et al. 2008), thereby 490 informing the underlying neuronal basis of the hemodynamic response. Efforts have also 491 been expended to combine neurophysiological methods with fMRI in an attempt to link 492 neural hemodynamic responses (fMRI) with the brain's canonical electrophysiological 493 responses (Bland et al. 2011; Lee 2012). For example, simultaneous application of 494 electroencephalography and fMRI demonstrated that the event-related potential signal 495 correlated with the BOLD signals in the ventral striatum during the delivery of rewarding 496 outcomes (Carlson et al. 2014; Carlson et al. 2011; Foti et al. 2014), suggesting a 497 convergence of neurophysiological and hemodynamic signals. In addition, one recent study 498 successfully applied optogenetics with fMRI in an animal model to characterize how 499 stimulation of the VTA produced activation in the ventral striatum that shaped reward-500 related behavior (Ferenczi et al. 2016), providing further insights to understand the

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discrepancies (e.g., temporal resolution and cellular basis) between hemodynamic and
neurophysiological measures. Collectively, studies integrating fMRI with other tools not
only endows us with a deeper cellular-level understanding of the hemodynamic signal in
fMRI (Goense and Logothetis 2008; Hayden and Platt 2011; Heeger and Ress 2002;
Logothetis et al. 2001), but they also attribute fMRI findings in reward processing with
potential cellular explanations.

507 Translational models of reward processing will ultimately require multimodal 508 approaches that complement the strengths of fMRI, without compromising any of its 509 inherent advantages (e.g., widespread noninvasive application in the human population). 510 Such multimodal approaches call for the inclusion of noninvasive brain stimulation tools 511 (e.g., transcranial magnetic stimulation [TMS], transcranial electrical stimulation [tES]) to 512 task-based fMRI investigations (Poldrack and Farah 2015). This conjunction permits the 513 transient manipulation of neural activity during task conditions to allow researchers to 514 causally link brain stimulation to fMRI-measured neural alterations and resulting 515 behavioral changes (Driver et al. 2009). The concurrent use of TMS and tES with fMRI has 516 received recent attention in the cognitive neuroscience community (Antal et al. 2011; 517 Blankenburg et al. 2008; Jang et al. 2009; Rushworth et al. 2002; Sack et al. 2007). 518 Specifically, one recent study have successfully implemented transcranial alternating 519 current stimulation (tACS), a form of temporally-precise tES (Helfrich et al. 2014), to 520 demonstrate that intact frontal-parietal connectivity is necessary for value-based decision 521 making in humans (Polanía et al. 2015). Despite the relative success of such TMS/tES-522 induced neural stimulation, there are pre-existing hurdles left to overcome such as the 523 regional specificity of stimulation (Paulus 2011; Walsh and Cowey 2000). Nevertheless, the 524 co-application of TMS/tES and fMRI is promising because it provides a means to causally 525 link context-dependent neural activity with behavior (Camprodon and Halko 2014; Saiote 526 et al. 2013).

527 Extending these multimodal approaches to study reward processing in humans 528 remains challenging. For example, noninvasive brain stimulation approaches (e.g., tES) 529 cannot directly (or selectively) access deep-brain structures like the striatum (Wagner et 530 al. 2007). In contrast, invasive brain stimulation techniques (e.g., deep brain stimulation) 531 that can access the striatum are often too invasive to be extensively applied in human

532 participants. Therefore, one potential remedy that noninvasive multimodal studies in 533 humans can exploit is to capitalize on the functional integration in the reward circuit to 534 target the striatum and other deep-brain structures indirectly via their cortical 535 connections. Application of tES to the prefrontal cortex, for example, alters connectivity 536 with reward regions such as ventral tegmental area (Chib et al. 2013) and striatum 537 (Polanía et al. 2012). Similar work have also demonstrated that tES administered to 538 prefrontal areas including dorsolateral prefrontal cortex implicates reward-related 539 behaviors such as risk-taking (Sela et al. 2012), probabilistic learning (Turi et al. 2015), and 540 social perception of unfair rewards (Knoch et al. 2008). The next step for these tES studies is to employ fMRI simultaneously with cortical brain stimulation to assess the responses of 541 the striatum and other neural regions, so as to inform on the functional integration in the 542 543 reward circuit. These types of multimodal studies will provide an exciting opportunity to 544 expand our knowledge on reward processing within the human brain, potentially providing 545 the gateway to developing brain-stimulation-based therapeutic interventions for a host of 546 psychopathologies.

547 Conclusions, Limitations, and Future Considerations

548 With the widespread application of fMRI, influential non-human animal findings on 549 the role of the striatum in reward processing have been successfully corroborated in both 550 healthy and patient human populations. Many fMRI studies have also broadened the 551 understanding of reward processing in the striatum to human attributes such as distinctly 552 human incentives (e.g., money) and social and environmental contexts more representative 553 of human society. As fMRI matures into a powerful cognitive neuroscience tool, increased 554 effort has been expended to use fMRI to investigate individual differences in neural 555 functions, which can potentially explain the link between behavioral variability and 556 susceptibility to psychopathologies. Moreover, greater emphasis on brain connectivity and 557 functional integration may help refine existing neural models of reward processing. Brain 558 connectivity findings could potentially be combined with noninvasive brain stimulation to 559 draw causal inferences regarding the mechanistic links between corticostriatal pathways 560 and reward. Collectively, these advancements in applying fMRI (Fig. 4) promise

translational opportunities that can inform on the diagnostic and therapeutic insights ofmany psychopathologies.

563 Nevertheless, there are limitations on what fMRI can accomplish for translational 564 research. One notable limitation is that individual differences studies require a larger 565 sample than those typically recruited for fMRI experiments (Button et al. 2013; Yarkoni et 566 al. 2011). Further, variables within these large samples may interact (e.g., age and race). 567 The development of a population-based atlas can help mitigate this concern as it aims to 568 capture inter-individual variability and map functional cortical organization that can be 569 broadly applied in individuals across different groups (Wang et al. 2015a). Such continued 570 future efforts to maximize the exploration of individual differences will play an important role in explaining behavioral variability that inform clinical preventive and diagnostic 571 572 applications (Poldrack and Farah 2015).

573 Another potential source of limitation of applying fMRI to translational research is 574 the difficulty of some fMRI-based functional integration analysis in drawing causal 575 inferences on neural connectivity. Without the capability to demonstrate directionality in 576 neural connectivity, it is challenging to develop effective target-specific treatment and 577 preventive measures. This barrier has been partially overcome with dynamic causal 578 modeling, which was shown to be reliable in making causal interpretations (Smith et al. 579 2011). Yet another shortcoming in the current fMRI literature is the flexibility in data 580 analysis procedures, with preprocessing and analytical options rivaling the number of fMRI 581 studies (Carp 2012). The practice of standardizing experimental reporting guidelines in 582 journal publications is gaining traction in the field (Poldrack et al. 2008), which will yield 583 greater transparency in both experimental design and analytic approaches as well as 584 improve the reproducibility of fMRI findings (Poldrack and Poline 2015).

585 Despite these limitations, fMRI has generated some interesting directions that will 586 help shape future research on cognitive and affective processes such as reward processing. 587 First, fMRI studies have began to explore the neural basis of many psychological constructs 588 that are inherent to the human reward processing mechanism. For example, the loss of 589 voluntary control in decision making (Haggard 2008), which is pertinent to many 590 maladaptive reward approach and consummatory behaviors (Bechara 2005; Volkow et al. 591 2011), has been studied with presence and absence of choices (Ernst et al. 2004; Leotti and

592 Delgado 2011), habitual reward-based learning (Tricomi et al. 2009), controllable and 593 uncontrollable setbacks to goal-directed reward-seeking behavior (Bhanji and Delgado 594 2014), and compulsive reward-seeking and reward-taking behavior in addiction (e.g., food: 595 Gearhardt et al. 2011; cocaine: Tomasi et al. 2015). Future studies will benefit from 596 examining whether individual differences in behavioral variability (e.g., impulsivity) is 597 predictive of the loss of voluntary control and how the neural connectivity is altered during 598 these maladaptive decision making using fMRI-centric multimodal approaches. Further, 599 future studies can also take advantage of brain connectivity to clarify and augment 600 knowledge about how neural circuits, beyond a particular region of interest (ROI), may 601 contribute to a psychological process. For instance, recent work has leveraged brain 602 connectivity to distinguish representations tied to distinct properties of reward. 603 particularly those related to affect (e.g., pleasure) and those related to information (e.g., 604 reinforcement) to show that these properties are not distinguishable at the ROI level, but 605 instead can emerge as a function of connectivity between corticostriatal circuits (Smith et 606 al. In Press).

607 Second, the application of computational models to fMRI, such as those that gave 608 rise to model-free and model-based learning mechanisms, have opened the door for new 609 translational opportunities (Montague et al. 2012; Stephan et al. 2015; Wang and Krystal 610 2014). These new opportunities will revolve around using neural computational 611 mechanisms to predict behavior and understand its adaptive consequences, which could 612 have both diagnostic and prognostic values. Perhaps more importantly, the successful 613 application of computational models may serve to bridge findings from diverse techniques 614 while connecting animal models with human data (Bornkessel-Schlesewsky et al. 2015; 615 Kepecs and Mainen 2012).

Third, improvements in fMRI acquisition (e.g., three-dimensional or multiplex EPI:
Feinberg et al. 2010; finer-resolution fMRI: Yacoub et al. 2015) may help elucidate
functional segregation within the striatum such as dissociating the functional role of NAcc
core and shell in the human brain, which is currently not well-characterized in humans
(Baliki et al. 2013). At present, there remains some technical obstacles to overcome for the
acquisition of excellent subcortical signals such as those within striatal subregions (Kaza et
al. 2011; Polanía et al. 2015). Nevertheless, the progress in refining fMRI technical

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capabilities will greatly enhance the capacity to use fMRI to study functional dissociation
within smaller human subcortical subregions (e.g., striatum) while also improve the ability
to detect BOLD activation (Iranpour et al. 2015; Posse et al. 2012).

626 Although some scholars have questioned the utility of using neuroimaging to 627 understand behavioral phenomena (Gul and Pesendorfer 2008), we contend that 628 knowledge gained from neuroimaging studies can contribute to behavioral theories and 629 potentially even impact policy (Clithero et al. 2008; Levallois et al. 2012; Venkatraman 630 2013). This approach has been observed in some reward-related studies. For example, 631 neural estimates of reward have been used to optimize public goods allocation and solve 632 the pernicious problem of free riders (Krajbich et al. 2009), while a novel theory of 633 overbidding during auctions—e.g., loss contemplation, rather than risk aversion—was 634 developed and tested based on reward-related responses observed in the striatum 635 (Delgado et al. 2008). More recent studies have used neural data to access individual 636 preferences in the absence of choices (Smith et al. 2014a) and to adjudicate between 637 disparate theories of investor behavior (Frydman et al. 2014). These are just some 638 examples that illustrate how neuroimaging can inform our understanding of behavior and 639 policy.

640 Together, these new research avenues congregate on the fundamental notion that 641 fMRI is a crucial and promising tool to study cognitive and affective processing in humans. 642 Advancements in the study of these processes hinge on profiting from the advantages of 643 fMRI while simultaneously implementing complementary tools, such as brain stimulation. 644 to make causal inferences on neural functions and circuitry connectivity. This multimodal 645 approach will endow us with a deeper and more comprehensive understanding of 646 mechanistic underpinnings to these cognitive and affective processes and also provide the 647 translational basis for both therapeutic and preventive healthcare measures.

648

649 **Figure Captions**

650 **Figure 1: Proliferation of fMRI Studies in Reward Processing**

- 651 The use of fMRI to study reward processing has been increasingly popular over the past 20
- 652 years. During this time, the number of publications on fMRI and reward has increased
- 653 quasi-exponentially. We note that the shown data were extracted from <u>pubmed.gov</u> on
- March 27th, 2015 using the search term "(fMRI OR functional magnetic resonance imaging)
- 655 AND reward".
- 656

657 **Figure 2: Gains and Losses Modulate Activation in the Striatum**

- A) A popular approach to studying reward processing employs a card guessing task. In this
- 659 paradigm, subjects are presented with a card and asked to guess whether the number on
- 660 the card (range: 1-9) will be higher or lower than 5. If the subject guesses correctly, s/he
- 661 wins money. However, if the subject guesses incorrectly, s/he loses money. B) Contrasting
- 662 positive outcomes or win trials against negative outcomes or loss trials reveals activation
- 663 within the striatum. Here we focus on the nucleus accumbens (NAcc). C) Within the NAcc,
- the responses to wins (depicted with parameter estimates) are higher than the responses
- to losses. Figure used data from Fareri et al. (2012).
- 666

667 **Figure 3: Reward Processing and the Striatum**

- A) A large-scale meta-analysis of 506 neuroimaging studies indicates a selective association
- between the term "reward" and striatal activation (Yarkoni et al. 2011). These
- observations help illustrate the reliability of neuroimaging evidence in demonstrating the
- 671 involvement of the striatum in reward processing. B) Anatomical subdivisions of the
- 672 striatum in the human brain. These subdivisions include the putamen (blue), nucleus
- 673 accumbens (NAcc; green), and caudate (red).
- 674

675 **Figure 4: The Promise of fMRI in Understanding Reward Processing**

- 676 Shown here is an anterior view of a translucent cortical surface for the right hemisphere.
- 677 Bilateral striatal surfaces are shown for the putamen (blue), nucleus accumbens (green),
- and caudate (red). Our synthesis of the literature suggests that fMRI holds promise for

- 679 understanding individual differences and brain connectivity. In addition, multimodal
- 680 approaches that combine fMRI with other tools such as noninvasive brain stimulation may
- 681 reveal causal mechanisms that support reward processing. Brain surfaces were created
- 682 with Chris Rorden's Surf Ice software.

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Individual Differences

Relate reward-related responses to variation across individuals

Brain Connectivity

Characterize how brain regions interact to shape reward processing

Multimodal Approaches

Integrate fMRI with other approaches, such as noninvasive brain stimulation

Putamen Nucleus Accumbens Caudate